

# Positive Actions for People, Nature, & Climate

A Carbon Literacy® course



## Comments from participants in Winter 2025-2026:

- I'm even more determined to make this school a beacon of sustainability.
- We will be doing things differently day to day as a family, and with food as a priority.
- Even with a degree in Environmental Science, a lot of information was new, and it was good to get other perspectives.
- I feel motivated to do further reading. I also felt very welcomed by the other members of the group and I'm more mindful of the media and their power, and how they distract us from the real issues.
- I found the course reassuring and encouraging, with actions for now and in the future. The information has been really helpful, and solidified my own basis of knowledge, I will do further reading to help with communication in the future.
- Taking this course has given me and my husband something to talk about - in a good way! We were suspicious of some of the new technology, but now we are discussing the pros and cons.
- It's been great to take the training with a group of people from outside my own eco-bubble to see that everyday people do care and there are actions we can actually do.
- I learned what I can do to reduce my impact. It was also good to see people from different backgrounds who have similar views.
- I try to have impact on others, and this course reminded me that I can do that.
- Being faced with bare facts is a good motivation to be more mindful and not let good habits slip. Also, it reminded me that our actions are a political statement.
- It was good to set aside time to refresh and be with other people to share ideas.
- Participating staff have more of a shared language, some priorities have changed, and students are really keen to become Carbon Literate.
- This was the most supportive & enlightened source of climate action I've ever had. It wasn't just scary headlines - it was very constructive, and overall even enjoyable. It broke down the scariness, made it manageable and achievable, and helped me realise what I can do.
- The course was excellent in helping to signpost priorities, and with nuggets of really useful information. I've learned a lot - thank you!
- This course helped to underline what I already knew. All the links were very good, and will help me to do my own research. Lots of great information.
- I understand more, and found extra actions I can take, even though I hadn't thought there would be. I had no idea about banks - that was revolutionary! The slides and their links to more information are really useful. It didn't feel preachy - it was easy to understand and digest, and felt very real world.
- Realistic and enabling. It will be now easier to back up what I already know with evidence. The slides and links leading me in to other things were really useful, and I will probably use over a long time.